

Patient Stool Collection Instructions

The tests your physician has ordered will be checked or highlighted below. Please call (307) 358-7377 if you have any questions about specimen collection.

Write the following information on each container's label:

1. **Identification:** Last name, First Name and date of birth (DOB)
2. **Date:** Write the date the specimen was collected. Month, Day, Year
3. **Time:** Write the time the specimen was collection. Include a.m. or p.m.

Samples for any of the following orders should be first collected into a clean, dry container to avoid contamination from urine and toilet paper.

C. difficile, GI Panel, Giardia/Cryptosporidium, H pylori

Collect stool sample and add to orange top vial (Para-Pak C&S). Add stool up to the red line indicated on the vial label (Do not under or overfill). Twist cap on tight and shake container well. Transport to the lab within 24 hours. Store sample refrigerated (in orange top vial) if transport is delayed.

****If sample is collected in a clean dry container only, transport to the lab within 1 hour.

Stool Culture

Collect stool sample and add to orange FecalSwab within two (2) hours of collection. Follow instructions provided on separate sheet "Stool Sample Collection using the FecalSwab."

****If sample is collected in a clean dry container only, transport to the lab within 1 hour.

Fecal Leukocytes (WBCs) and/or Occult Blood

Collect stool sample in a clean, dry container. Refrigerate specimen within two (2) hours of collection and transport to lab within 24 hours of collection. Store sample refrigerated (in orange top vial) if transport is delayed.

Ova and Parasites (O&P)

Collect stool sample and add to green top vial (EcoFix). Using the scoop attached to the vial, transfer one scoop of solid stool or two scoops of watery stool into the vial. For further instruction, refer to the instructions enclosed with the vial. Transport to lab within 24 hours. Store sample at room temperature (in green top vial) if transport is delayed.

Fecal Osmolality, Fecal Fat, Fecal Calprotectin or Pancreatic Elastase

Collect stool sample in a clean dry container. *Use a separate container for each test.* Sample must be frozen immediately. Store sample in freezer if transport is delayed.

Other